

TRAIN THE TRAINERS
Saturday, February 1, 2020

#1. DO NO HARM!

#2. Understand thoroughly that your instructions & 'words' are taken to heart.

#3. Remember you are dealing with all levels of amateur singers.

#4. Important to remember that every voice is unique. Not every instruction, exercise or verbiage applies to every singer. Know what you're listening for. Then, be sure you are giving proper instructions.

Basics of vocal instruction

#1. Posture. Head, shoulders, hips, feet in alignment.

#2. Breathing! The singer's breath should be silent with no tension & from the core of the body. Noisy breath = noisy tone.

#3. Facial posture head, chin, jaw tension. Use of "inside smile" Soft palate, tongue tension, hyperextended jaw, keeping space while using articulation, lips, teeth, tongue.

#4. Placement of tone & resonance. Forward, open, use of all resonators.

#5. Find a vowel & sing-able consonant that you hear a clear tone, with no noise or aspiration of air in the tone, then use a consonant that works in conjunction with that vowel. EX: NAH, ZAH, VAH or, DEE, VEE, ZEE.....

VOWELS – EE, EH, AH, OH, OO & UH, IH

SINGABLE CONSONANTS – L, N, M, V, Z, NG

Common adult singer's vocal faults:

#1 is Breath control

Singing with tension. (Years of bad habits or confusion by what has been instructed.)

Uncontrolled Vibrato (Tremolo or Wobble)

Aging voice needs even more support & proper placement of tone.

Recommended Literature & Resources

How to Train Singers by Larra Browning Henderson

Any of the "Sing, Baby, Sing!" vocal skill building tools created by Darlene Rogers, Peggy Gram & Dale Syverson (purchased through SAI)

Feel free to email Katie Blackwood with any questions: Locdir665@gmail.com