

## *From Region 15 Leadership Day with Karen Breidert – 2/6/2021*

### **Focus on the positives and opportunities related to virtual rehearsals**

- Evergreen is going to celebrate One Year On Zoom on March 30th....we are going to celebrate all that we have learned, shared, games we played. Being together, staying together, new members, and ready to move forward! No Debbie Downers!
- Directors see faces in Zoom more than in person...there are less distractions!
- Our chorus has Coffee Break on Tuesdays & Happy Hour on Friday. All purely social.
- Chorus members get to see faces on Zoom for sure!!!
- Chorus Christmas party zoom
- Guest coaches
- Alternating music and social rehearsals
- Virtual chorus projects
- Monthly virtual regional events
- Spotighting members and having them share something good with the chorus or getting to learn more about them and having them pick a performance that meant a lot to them to share with the rest of the group
- We've had so much more coaching!
- Using spotlight feature for a favorite song – or even a new song in trying to embody the emotions of the song – has been a helpful and fun exercise and you get to see other members' faces briefly as they are emoting...
- HCC just started doing something called Show Us Something Good - we pick two people per week in advance and they show us something (a treasured item) and talk about it – and it's been so great to learn more about our members and it's been touching
- We zoomed with another chorus which we would normally have the opportunity to do.
- Hickory Tree University on Saturdays at 10 am has been great for learning and reviewing reading music, key signatures, etc.
- Shared rehearsals. Game night on a Rehearsal night. Guest Faculty, Past International Quartet members from City Lights, PVIs on Rehearsal night, 4th of July Celebration - Evergreen Vacations around USA...so fun to see where we have all traveled. Sound judge. Surprise guests....Holiday party with HCC
- Seneca Soundwaves is doing a song that required members to do an audio as well as a video and for me, this has been great experience... and fun learning this song.
- Twin County's Director, Christine has been extremely creative in trying to keep all of us engaged, positive and feeling like our time is valuable! Offering music theory classes for those that might want to learn more about our craft. Also several games regarding Sweet Adelines trivia questions has been a lot of fun! Watching past competitions and reviewing our score sheets. Christine also made sure that we had the opportunity to have both a regular quartet night - where we all broke into quartets and we learned how to use the "Acapella" App, and a Holiday Quartet night with all holiday songs the quartets chose. Such a great learning experience for all of us and so much fun! And, frankly, "That's what it's all about!!"
- SOS- Members volunteered to Show & Tell their hobbies with the Chorus. Members had ~10 minutes to share with Chorus. It was really fun and informative ...we had wine tasting, quilting, weaving, origami, flower arranging, stamping... bread baking, fav cocktail, making Baklava, pickles and stuffed grape leaves—a lot of cooking!!
- I love our Zoom rehearsals when we all share a good laugh!
- Sirens has been alternating doing music rehearsals and social nights. For one of them a bunch of us made quizzes with facts about us, and we spent a night taking all of them. It was a great way to learn things about people that you didn't know!!
- SOS Plays Kahoot (Trivia) at the end of each rehearsal I really appreciate that